## Matewan Pk-8

## NTI

Grade Level: 3rd Date: May 6, 2020 Content Area: Math Teacher: Mrs. Lipps

Teacher's email: mrdotson@k12.wv.us

Another way to contact me is: Livegrades, Google Classroom, or the class Facebook page (Mrs. Lipps Third Grade Class – link is on the P.A.W.S. page) Hello! I hope you are enjoying your time at home. I have gotten a lot of much needed rest. I have also been able to catch up on a lot of stuff that I needed to do around my house. I have enjoyed all of the extra time that I have been able to spend with my husband and Brody, but I really miss all of you. I hope to see some of your smiling faces on video calls, as we get to do them. It is a great way to go over some things we might have missed this year & give you a head start on next year.

Please stay home & stay safe. You're in my prayers.

Parents: Please take a picture of all assignment for the remainder of the year and email it to me. My email is listed above. Thank you!

Today's Lesson:

You are planning what to have for lunch. You must choose 1 items from each of the boxes below to make a complete meal. Give me two different combinations of meals. What is the total amount of calories in each meal that you chose? Which meal had the least amount of calories?

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Main Dish:	Side:
Ham and cheese sandwich: 352 calories	Doritos (1 bag): 150 calories
Chicken Noodle soup: 87 calories	Lays Potato Chips: 120 calories
Peanut Butter & Jelly: 376 calories	Macaroni & Cheese: 310 calories
Pizza (1 slice): 285 calories	Green Beans: 31 calories
Fruit/Vegetable:	Dessert:
Sliced Carrots: 30 calories	Yogurt: 100 calories
Celery sticks: 16 calories	Chocolate Chip Cookie: 78 calories
Strawberries: 47 calories	Scoop of Ice Cream: 137 calories
Apple slices: 95 calories	Apple Pie (1 slice): 277 calories

Example: Meal #1: Ham & Cheese Sandwich, Lays Potato Chips, Strawberries, & yogurt. Then I would add the calories for each item to find the total calories in this meal.

Online Resources: These resources are optional. They are not required.

- <u>https://sso.rumba.pk12ls.com/sso/login?profile=eb&service=https://cat.easybridge.pk12ls.c</u>
  <u>om/ca/dashboard.htm&EBTenant=MCSD-WV</u>
- https://login.edmentum.com/